



Return to Play COVID-19 Health Screening Adults

The purpose of this screen is to inform and make you aware of the risks involved in returning to train

Question	Yes / No	More information
<p>Have you had confirmed COVID-19 infection or any symptoms (listed below) in keeping with COVID-19 in the last five months?</p> <ul style="list-style-type: none"> • Fever • Persistent, dry cough • Loss of taste or smell 	Yes / No	<p>If 'Yes', please provide details:</p> <p>If anyone answers yes to this question, NHS advice is, they should get a test to check if they have coronavirus as soon as possible. Stay at home and do not have visitors until they get their test results - only leave home to get a test.</p>
<p>Have you had a known exposure to anyone with confirmed or suspected COVID-19 in the last two weeks? (e.g. close contact, household member)</p>	Yes / No	<p>If 'Yes', please provide details:</p> <p>Not allowed to train until they have self-isolated for 14 days.</p>
<p>Do you have any underlying medical conditions? (Examples include: respiratory conditions including asthma; heart, kidney, liver or neurological conditions; diabetes mellitus; a spleen or immune system condition; currently taking medicines that affect your immune system such as steroid tablets).</p>	Yes / No	<p>If 'Yes', please provide details:</p> <p>If you have an underlying medical condition that makes you more susceptible to poor outcomes with COVID-19 (including age >65) then you should consider the increased risk and may want to discuss this with your usual medical practitioner</p>
<p>Do you live with or will you knowingly come into close contact with someone who is currently 'shielding' or otherwise medically vulnerable if you return to the training environment?</p>	Yes / No	<p>If 'Yes', please provide details:</p> <p>This is an individual call but awareness of risks and the appropriate precautions should be taken.</p>



Able to train: Yes | No

Sought Medical advice: Yes | No

Name:			
Signature:		Date:	
Signed by COVID-19 Officer:		Date:	

Note:

1. This is a **Return to Play** form to be used on a club member's return to activity; it does not have to be completed prior to every session. However, it is advisable the session coach/lead asks the same questions of the participants prior to the session commencing. See here for [Pre-Session Participant Health Questionnaire](#).
2. It is advisable a nominated club committee member, possibly the Club COVID-19 Officer, to collect the **Return to Play** forms to ensure all club members have completed pre-screening prior to returning to club activity.
3. If anyone has any concerns about COVID-19 symptoms, when to self-isolate or how to get a test they should read the NHS guidance here: <https://www.nhs.uk/conditions/coronavirus-covid-19/>